

## Cheshire and Wirral Partnership Training Videos

The Education team at Cheshire & Wirral Partnership are pleased to support with the sharing of Clinical Education video training modules. As a largely mental health service provider we have developed bespoke training packages which reflect our values based, person centred approach and service need. Although the content of our videos is fully compliant with national guidance some may not be safe for viewing by persons outside of our organisation. This would include the following training video modules;

- NEWS2 (Monitoring chart boxes and scores have different colours to reflect increased sensitivity)
- PEWS (same as NEWS2)
- Management of Violence and Aggression (BILD Accredited – Approach model)
- Breakaway Techniques (BILD Accredited – Approach model)

As there are clinical risks associated with any visual training programme without a competency element please can we ask that persons who view them use them as a guide or to refresh existing knowledge. In addition to this training resource there are further education packages on Skills for Care and Skills for Health which have recently been made free to access by any health or care provider. CWP will be putting additional educational videos onto our Virtual Academy site and all persons are encouraged to contact the team with any further questions, comments or queries that they may have.

### Videos available for sharing

#### Breakaway:

- Introduction, Stance and Distance <https://youtu.be/l37WnFaDVk0>
- Single Wrist Grab <https://youtu.be/ouPc-aRAy38>
- Wrist Grab with both hands <https://youtu.be/qWcOx9uLt3s>
- Both Wrists Grabbed <https://youtu.be/E5zBj3UAySU>
- Clothing Grab <https://youtu.be/w606wZ9pYqY>
- Hair Grab <https://youtu.be/6GGfJ8oZaZo>
- Hair Grab from behind <https://youtu.be/let00pfQ5DE>
- Throat Grab (Box Position) <https://youtu.be/r2yMS8BfGks>
- Throat Grab from behind <https://youtu.be/x6ERy7YkS6M>
- Choke Hold/Headlock <https://youtu.be/PMDRhfvy9yM>

#### Life Support – Basic:

- DRS ABC <https://youtu.be/HgDahrBvHbE>
- Choking <https://youtu.be/2YfYpBKVDRw>
- Trolley <https://youtu.be/q34kqmKJy7s>
- Resuscitation [https://youtu.be/fuqla0J\\_818](https://youtu.be/fuqla0J_818)

#### Moving and Handling – People Movers

- Safe Hoisting – Checking your hoist <https://youtu.be/FAy2DDA10WY>
- Safe Hoisting – Bed to Chair <https://youtu.be/Ca3RztSBc7M>
- Safe Lifting – Elk <https://youtu.be/cM4TwQp7bjM>
- Safe Lifting – Assisting Standing from a Chair <https://youtu.be/FOrkHPNacug>
- 30 Degree Tilt <https://youtu.be/sD4op2LMPvQ>

## MVA

- Introduction and Guided Walk <https://youtu.be/XnMERdwwfBM>
- Wrap Over, Bar Over, Disengage, Change Over, Alternative Bar Over and Head [https://youtu.be/dw\\_HLOwyqyc](https://youtu.be/dw_HLOwyqyc)
- Seated Position, Disengage, Change Over, and Reverse Harness <https://youtu.be/nquCqfzYRQQ>
- Kneeling <https://youtu.be/3crz1plZcWo>
- Face Shield <https://youtu.be/ArYRKaQmUXc>
- Prone Position <https://youtu.be/bX-IZW3CZvE>

## Oxygen Administration:

- Cylinders <https://youtu.be/kXIDE2APwsY>
- Masks <https://youtu.be/1z6fcPud7JI>
- Nasal Cannula [https://youtu.be/TSZr2rOD\\_b0](https://youtu.be/TSZr2rOD_b0)

## Technical Notes

These videos are published as “Unlisted” on YouTube and can only be viewed via the links above – they cannot be found by searching. If you need to embed any of them on a website, then the embed code can be sent to you on request. It is possible that video content may be updated, in which case the link may become dead. For this reason, it would be helpful if you could let us know which videos you are using so that updated links can be forwarded if necessary. If you have any technical questions, please contact [matthew.crouch2@nhs.net](mailto:matthew.crouch2@nhs.net)